

# Why stuff a KONG?

A stuffed KONG functions as a mentally stimulating challenge, since the dog has to work and figure out how to release the treats inside. Dogs everywhere can benefit from having to work for their food. Here are a few of our favorite recipes for stuffing the KONG Classic.

## Summer Vacation

Peanut Butter  
Fresh Banana  
Fresh Mango  
1 tbsp Greek Yogurt



Mix peanut butter, fresh banana, fresh mango and 1 Tbs of Greek Yogurt, stuff into a KONG and freeze.

## That's Bananas

Applesauce  
Banana  
Apple Slices  
Broth



Combine applesauce, a sliced banana, apples slices and broth. Mix, freeze and serve.

## A Proper Diet

Please remember to check with your veterinarian for more information on what foods are recommended, and what to avoid feeding to your pet. Some foods do not agree with every dog's system and can cause serious health issues.

### FOODS TO AVOID

**grapes · raisins · chocolate ·  
mushrooms · onions · avocados**

We're hungry for more recipes. Please submit your ideas along with your contact information to [recipes@kongcompany.com](mailto:recipes@kongcompany.com)

## Arctic Chicken

KONG Peanut Butter Spread  
Kibble  
Chicken Broth



Fill the small end of a KONG with Peanut Butter Spread. Combine the kibble and chicken broth and stuff into a KONG. Top it off with more Peanut Butter Spread and freeze.

